



"Working with Togetherall has significantly increased the support we provide to the communities we serve. Having an innovative, research-driven mental health support tool that can be customized for the agriculture community helps us meet our members where they are and better support the wellbeing of farm families nationwide."

Jessica Cabrera

Managing Director of Farm
State of Mind, American Farm
Bureau Federation



**American Farm
Bureau Federation®**



SUPPORTING AGRICULTURE SECTOR

Population-level approach to mental health is successful in meeting farmers and ranchers at their point of need

Over 1,300 farmers and ranchers in the US have accessed digital peer support in the past year

Reaching farmers and ranchers who don't typically seek formal support:

69%

are not using any other mental health support besides Togetherall

27%

reported thoughts of suicide or self harm

Trust & safety:

- Overseen 24/7 by licensed and registered clinicians
- "Duty of Care" approach to ensuring a safe community exists to engage with

Providing easy access to support:

Togetherall provides a low-barrier, anonymous space to connect with others through shared lived experiences