



Togetherall Trained Peers Program

Train your students in mental health peer support and strengthen both your digital and on-campus communities.

Fortify and enhance your peer-to-peer online platform with the Trained Peers program: empower your students with training and practical experience so they can provide support for their peers in a digital setting.

Togetherall's online peer support community is monitored 24/7 by licensed clinicians and used by student members from over 350 higher education institutions with access.

Now, with **Togetherall Trained Peers**, you can equip students with the skills to help others in the Togetherall community safely through hands-on training and ongoing supervision from our experienced and licensed clinicians in digital mental health. Trained peers will have the opportunity to connect with others in the program through roundtable discussions, and will receive a digital credential to be added to their resume or LinkedIn upon completion.

Togetherall Trained Peers Benefits

Students receive training, mentorship, and real-world experience in online peer support, and gain a certification and a resume-building opportunity.

Institutions will benefit from:

- a time-efficient and cost-effective approach to meeting the student energy/interest in mental health peer support.
- an enhanced student experience on the peer-to-peer support platform.
- 24/7 clinical moderation and risk safeguarding.
- regular reporting on trained peer activity.
- trained peers who provide a supportive presence online and on campus.
- knowledgeable trained peers who will promote Togetherall in their community.



100%

of trained peers who completed the program say

- they feel knowledgeable working in a digital mental health environment.
- they are more confident about using their lived experience to support others.
- they are more confident discussing topics related to mental health with peers.
- they gained experience to apply to their career or profession using one's own lived experience.

In a period of 10 weeks:

- **Trained Peers impacted 1,200 members of the Togetherall community**
- **Trained Peers engaged in over 960 supportive interactions in the Togetherall community**

About Togetherall

Togetherall is a 24/7, clinically moderated peer support community. For 15+ years, we have supported our members' mental health by providing a safe and accessible online community that empowers students to give and receive support for the full range of mental health concerns, conveniently and anonymously. We keep the community healthy, safe, and vibrant through clinical moderation.

togetherall.com

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“Our students learned so much from watching other people's responses in the community to see what is helpful and realize that it's not about coming up with all the answers but being empathetic.”

Bruce Herman, Director of Retriever Integrated Health, University of Maryland Baltimore County

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“In doing this program, I feel more confident about the role I can play in mental health advocacy but also in helping others who are dealing with mental health crises and those who are struggling. I feel like I have a great support system in the Togetherall clinician and feel like I have great resources to go back to.”

Trained Peer from Loyola University Maryland

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“I loved this experience and recommend it to anyone who is pursuing any field within human services. Not only do you get to help others in need, but you are able to benefit professionally and personally. I was able to connect and relate to so many of the posts that it was beneficial to me in so many other ways than just getting the credentials.”

Trained Peer from Florida Gulf Coast University

For more information about the Togetherall Trained Peers program, please contact: peers@togetherall.com


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